Celebrations, Music and Movement Activities

Celebrations are an excellent way to teach your children what you believe in. Celebrations spark joy and joy facilitates learning. This can include food, music, games and fun.

Celebrations do not need to be reserved for big occasions and the best lessons in life are learned from what is repeated -a collection of small celebrations which form habits on how children value and see the world.

Here are some fun ideas.



Fun Celebrations, Music and Movement Songs to sing at home

Celebrations

Celebrate Good Times By Kool & The Gang https://youtu.be/3GwifUFyY6M

Happy By Pharrell Williams Featuring The Minions https://voutu.be/MOWDb2TBYDg

I'm H-A-P-P-Y By A Song For Kids https://voutu.be/j7dYc20xvca

Music and Movement

Rock A Bye Your Bear By The Wiggles https://voutu.be/OMte8BFCqfy

Can you point your fingers and do the twist? By The Wiggles https://youtu.be/81JCC9026b4

You gotta sing By Raffi https://youtu.be/WfDNP6SV21A

Whistle while you work By Disney (Snow White) https://youtu.be/IMCfgfMWJBE

Freeze Dance By The Kiboomers https://youtu.be/2UcZWXvgMZE

Fun Books to read and listen to at home

Clifford at the Circus By Norman Bridwell https://youtu.be/d9W9AODph94

Party! By Jess Stockham https://youtu.be/Xx3lbAWZGxq

Rosie Rabbit's Birthday Party Book By Patrick Yee https://voutu.be/wpcoSK7hjh0

Elmo and birthdays By Sesame Street https://voutu.be/0eVp9S1Hzgl





Fun food, sensory and art activities to do at home

No Bake "Celebratory" M&M energy balls Recipe

Ingredients

- 1½ cup oatmeal
- ½ cup peanut butter
- 1/3 cup honey
- ¼ cup M&M's
- ½ tsp vanilla (Optional)

Instructions

- 1. Add all the ingredients to a medium sized bowl and stir well until everything is combined
- 2. Roll into 1-1 ½ " balls and set them on a silicone baking mat or parchment paper. Wash your hands after every 4 balls to help keep the ingredients from sticking to your hands.
- 3. Refrigerate for 20 minutes to help them harden (Optional)

Sensory & Art

Paper Cup Noisemakers

What you will need

- 2 Paper Cups
- Dried beans
- Masking Tape
- Things to decorate the cups

Instructions

- 1. Put the dried beans inside a paper cup
- 2. Put the other cup on top and tape it in the middle
- 3. Decorate the cups using stickers, markers, paint



Paper Plate Masks





Sock Puppets

