

Elsa High School Campus Newsletter

www.carmel.edu.hk

## Weekly Daf

Term 2 **Edition 11** 22 March 2019 - 15 Adar 5779



#### Dvar Torah: Tzav

In this week's parasha, G-d instructs Moses to command Aaron and his sons, regarding their duties and rights as Kohanim (Priests) who offer the Korbanot (animal and meal offerings) in the Sanctuary.

In this parasha, we learn about the different types of offerings and the rules regarding them. We learn that the fire on the altar must be kept burning at all times. In this fire, we burned the offerings for G-d. We may make an offering for many reasons, such as to repent for sins or to get rid of guilt. We may also give an offering as thanks to G-d.

We learn that the Kohanim eat the meat of the sin and guilt offerings and the remainder of the meal offering. In the case of a peace offering, it is eaten by the one who brought it, except for specified portions given to the Kohen. The holy meat of the offerings must be eaten by ritually pure persons, in their designated holy place and within the specified time.

This parasha may not appear to be teaching us a lesson, but I think that there is a lesson that is applicable in our lives today. We may no longer be able to give a physical offering to G-d, but what we can give, is our "psychological" offerings. We can do this in our lives quite easily, by praying, or by just taking a minute to appreciate and thank the people in our lives and to thank G-d. Just think about it. Take just 5 minutes out of your day, away from your Instagram or Facebook, to thank and appreciate G-d, and the people around you.

Shabbat shalom,

Dan Hasofer Grade 9





#### News @ ELSA























Thanks to the Carmel Jewish Studies and Hebrew Departments, Rabbi Avtzon, Isabella and Jamie and to Cynthia Fleischer and her team for baking hamantaschen which were enjoyed by all.



















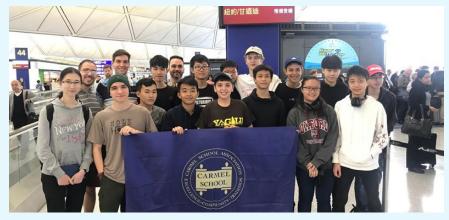






#### **Elsa Robotics Team heads to New York**

We wish the Prism Elsa Robotics team, 15 members, accompanied by three teachers, all the best as they make their way to Long Island, NY for the FIRST Robotics Competition.





#### **HKMUN**

HKMUN is the largest annual Model United Nations conference in Hong Kong, with nine different committees that discuss a wide array of topics. This year, a team of 12 from Elsa High School were honored to attend the conference and participate in a range of committees. The conference spans over the course of three days, in which enthusiastic debate ensues over pressing global issues.

As veterans of the HKMUN, we strongly encourage all those interested in developing their own academic abilities, as well as those looking to form strong friendships within a community of truly intelligent and kind people, to take part in next year's HKMUN and any other MUN opportunities that may come along with it!

This year was a unique experience for me, as I was Chair of the Historical Security Council. This was my second time chairing, after Elsa MUN in January. Chairing was both a challenging and a rewarding experience as it required a vast amount of collaboration with both my co-chair and the HKMUN executive board; this combined with our conflicting political beliefs soon began to cause some issues.

The main issue being that, after I had been chosen to chair the Historical Security Council I had been asked to address the Israeli-Palestinian conflict as one of my main topics, which I was more than happy to do. However, it soon became apparent that my co-chair and I had opposing views, and often presented extremely contradictory research. This soon caused many heated arguments, in which I refused to run a conference in which Israel was unjustly treated, he refused to acknowledge any facts I presented, and the executive board refused to allow us to switch topics.

Eventually we were able to convince the executive board to allow us to change topics, to enable us to continue working together. Instead, we pursued the topics of the Vietnam war and the break up of Yugoslavia. This being said I feel that I was able to grow as a chair throughout the process, and was able to act professionally for the duration of the process. I further feel that chairing MUN was beneficial to me as I improved a great deal as a speaker.

Issy Lyons Grade 11

This was my second year participating in HKMUN, but it proved to be an entirely different experience in several significant ways. The main difference in my experience this year was that I was alone in representing a country within the World Health Organisation (WHO), South Africa to be specific, and while this might seem like a daunting task to those terrified by the mere mention of public speaking, being a contributing member of the discussions proved itself to be very rewarding in terms of building my confidence and in helping me form long lasting memories with friends I will cherish in the years to come.

One attribute unique to MUN conferences, of which HKMUN is no exception, is the fact that in no more than three days, the brilliant and kind-hearted people in your conferences always manage to make you feel as if part of some long-established and close knit community. This aspect of HKMUN is the one that I find to be most endearing, because with it I've learned to conduct myself with confidence in the face of strangers and to face every new opportunity with excitement and determination rather than dread.

MUN provides everyone with a chance to choose how you wish to present yourself to a crowd. The appeal of MUN, to me at least, is that whatever preconceived notion you have of yourself, you have the opportunity to change completely; whether you wish to be seen as an aggressive yet hilarious dictator or as an insightful leader forming exciting partnerships and proposing solutions, the choice is entirely yours.

It took me some time to fully realise this for myself, but when I did, I learned of the insightful and entertaining discussions that can ensue when you choose to make yourself heard. Although I was terrified of speaking on my own, to a crowd of over 30 strange faces no less, I eventually came out of my rut and with the encouragement of my new-found friends, engaged in arguments and interesting conversations.

Louis Effron Grade 11

#### Yale MUN in Taipei

From March 15 to 17, our team from Elsa High School was in Taipei participating in the 6th Yale Model United Nations Taiwan. Prior to the conference, we prepared extensively through doing research and crafting our position papers. We wanted to make sure that we had a solid foundation of facts and that we were confident enough to speak in front of our committees. Although it was difficult to gather credible information at first, it was possible through looking at past UN resolutions and at our country's inner politics and values as a whole.

Stepping into the venue, all of us were divided into different committees ranging from Disarmament and International Security Committee to the Human Rights Council. In addition to the formal setup, we felt a bit nervous and a little out of place. However, this all became better when we warmed up upon entering rounds of moderated and unmoderated caucuses. Engaging in intense political debates on current issues, we worked with our blocs and came up with impactful resolutions. Through the process of finding common ground, we were also able to interact with students from around the world and make friends. All in all, the conference challenged

our debating skills and allowed us to practice various aspects of diplomacy.

Being part of a large committee in addition to participating in such a conference has provided us with added perspective on various global topics such as satellite warfare and protection of migrant children. Although some of the topics were not as pressing, it was interesting listening to different ideas, reflecting on our current actions and considering what might happen in the future.

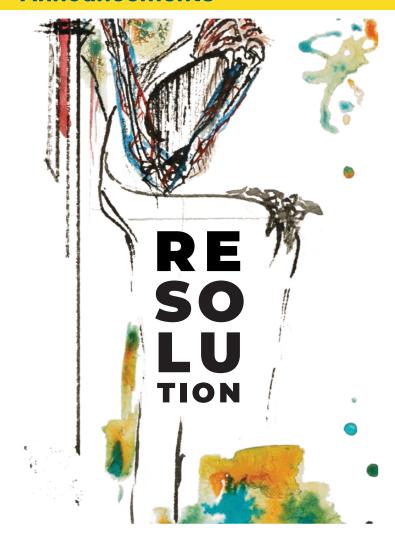
As Abraham Lincoln said, "You cannot escape the responsibility of tomorrow by evading it today." We do not just live in the now and as students, we are responsible for educating ourselves about the world around us. Seeing so many like-minded individuals in this Model United Nations conference has been an inspiring experience for us to become true global citizens.

A huge thank you to Mr. Bartholomew, Nadiv and Vicky for giving us this opportunity and for accompanying us through this journey in Taiwan!

Janice Cheng & Juhi Gangaramani Grade 11



#### **Announcements**



#### CARMEL SCHOOL

CORDIALLY INVITES YOU TO ELSA HIGH SCHOOL'S

## DP GRADUATE ART SHOW AND MYP PERSONAL PROJECT EXHIBITION

TUESDAY, APRIL 2<sup>nd</sup> 3:00-6:00pm

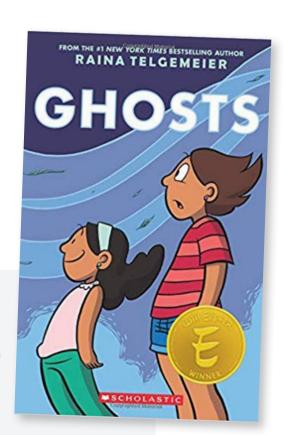
IN THE HIGH SCHOOL AUDITORIUM
REFRESHMENTS WILL BE SERVED
RSVP: ELSAHIGHSCHOOL@CARMEL.EDU.HK

### **Books of the Week**

Support at home is key to how young people approach reading for pleasure. Every week we will be promoting books new and old, fiction and non-fiction for readers of all ages and levels.

Our libraries are **open to students and parents** alike and books can be borrowed through students' accounts.

These books, and more, can be found directly: libraryceo.com/carmel/opac/index.php or through our school library site: carmel.edu.hk/learning/library



#### **Ghosts** by Raina Telgemeier

Catrina and her family are moving to the coast of Northern California because her little sister, Maya, is sick. Cat isn't happy about leaving her friends for Bahía de la Luna, but Maya has cystic fibrosis and will benefit from the cool, salty air that blows in from the sea.

As the girls explore their new home, a neighbour lets them in on a secret: There are ghosts in Bahía de la Luna. Maya is determined to meet one, but Cat wants nothing to do with them. As the time of year when ghosts reunite with their loved ones approaches, Cat must figure out how to put aside her fears for her sister's sake — and her own.

"Telgemeier's bold colors, superior visual storytelling, and unusual subject matter will keep readers emotionally engaged and unable to put down this compelling tale." Kirkus Reviews

Junior Fiction Age 10+

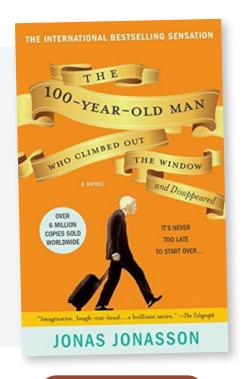
### Carmel Library

#### The 100-Year-Old Man Who Climbed Out the Window and Disappeared by Jonas Jonasson

After a long and eventful life, Allan Karlsson ends up in a nursing home, believing it to be his last stop. The only problem is that he's still in good health, and in one day, he turns 100. A big celebration is in the works, but Allan really isn't interested - so he decides to escape.

He climbs out the window in his slippers and embarks on a hilarious and entirely unexpected journey, involving, among other surprises, a suitcase stuffed with cash, some unpleasant criminals, a friendly hot-dog stand operator, and an elephant (not to mention a death by elephant).

"A mordantly funny and loopily freewheeling debut novel about ageing disgracefully" The Sunday Times



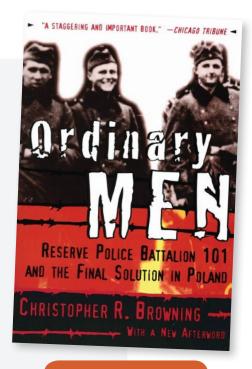
Young Adult Fiction Age 14+

#### Ordinary Men by Christopher R. Browning

Ordinary Men is the true story of Reserve Police Battalion 101 of the German Order Police, which was responsible for mass shootings as well as round-ups of Jewish people for deportation to Nazi death camps in Poland in 1942. Browning argues that most of the men of RPB 101 were not fanatical Nazis but, rather, ordinary middle-aged, working-class men who committed these atrocities out of a mixture of motives, including the group dynamics of conformity, deference to authority, role adaptation, and the altering of moral norms to justify their actions.

While this book discusses a specific Reserve Unit during WWII, the general argument Browning makes is that most people succumb to the pressures of a group setting and commit actions they would never do of their own volition.

"This meticulously researched book is a remarkable - and singularly chilling - glimpse of human behaviour." Newsweek



Non Fiction





Carmel School PTA and JWA proudly present

## ZERO WASTE CONFERENCE

BY FANNY MORITZ



Do you think that waste-free living is synonymous with a life deprived of comfort? That it is time-consuming or even reserved for hippies living in a hut? Think again! Or even better: join us on the 1st of April!

Our kids are the generation that will have to live with the decisions that we take today. The Zero waste journey starts with lots of questions and many obstacles furthered by our bad habits. Let's get rid of them!

Fanny Moritz is a passionate French entrepreneur focused on helping people start a zero waste lifestyle.



#### Monday 1st of April 2019 from 7:30pm

JCC - King David Room Drinks and nibbles provided Suggested donation: HK\$ 150 Rsvp: info@jwa.org.hk



#### **Announcements**



CARMEL SCHOOL

# MYP Personal Projects & Exhibition

April 2, 2019 / 3pm-6pm Auditorium, Shau Kei Wan Campus



#### **CARMEL ANNUAL FUND**



#### Thank you to all who have pledged so far

Please visit www.carmelschoolassociation.wufoo.com/forms/srkpwrj0azvroo to find out how you can contribute







סמסטר שני: **מהדורה מספר 27** ט"ו באדר ב' ה'תשע"ט



להיות או לא להיות. זו השאלה. ויליאם שייקספיר מתוך המחזה "המלט"}

#### כוחו של הרגע הזה - אקהרט טול

כוחו של הרגע הזה הוא ספר מרתק המדריך את הקורא ליצירת מחשבות חיוביות, בעת הקריאה מאמץ הקורא התבוננות רחבה על הנעשה בחייו ורוכש כלים למיקסום יכולותיו. הספר מנגיש את סודות המדיטציה ומאפשר לקורא לתרגל את המדיטציה ברמה הפשוטה והאמיתית וכך לאמץ אותה לחייו. אני מאוד ממליצה על ספר זה, זהו ספר לחיים.

#### המורה גלי

#### מיתוס מס' 1 האנושות הגיעה לשיא התפתחותה

מייקל מרפי, מייסד אסאלן, בהסתמכו על מחקרים השוואתיים בתחום הדת, המדע הרפואה, האנתרופולגיה והספורט, העלה את הטיעון הפרובוקטיבי שיש מצבים מפותחים יותר של התפתחות אנושית. כאשר האדם מגיע לרמות מתקדמות אלה של בשלות רוחנית, מתחילות לפרוח אצלו יכולות יוצאות דופן – של אהבה, חיוניות, אנושיות, מודעות לגוף, אינטואיציה, קליטה, תקשורת וכוח רצון.

הצעד הראשון: להכיר בקיומן. מרבית האנשים אינם מכירים ביכולות אלו. לאחר ההכרה בהן, תוך מודעות, ניתן להיעזר בשיטות שונות לפיתוח יכולות אלו.

#### מיתוס מס' 2 אנחנו נפרדים לחלוטין אחד מן השני, מן הטבע ומן היקום מיתוס זה של "האחר שונה ממני" הוא האחראי למלחמות, להריסת כדור הארץ, ולכל הצורות והביטויים האחרים של חוסר הצדק האנושי. אחרי ככלות הכל, מי היה פוגע באדם אחר אילו חווה את האדם האחר כחלק ממנו? סטן גרוף, במחקרו על מצבי תודעה בלתי שגרתיים, מסכם זאת

באומרו ״הנפש והתודעה של כל אחד מאיתנו שקולות בסיכומו של דבר לכל מה שיש משום שאין גבולות מוגדרים בין הגוף והאגו ובין מוחלטות הקיום״.

רפואת העידן השלישי של ד"ר לארי דוסי, לפיה המחשבות, ההתייחסות וכוונות הריפוי של אדם מסוים יכולות להשפיע על הפיסיולוגיה של אדם אחר (בניגוד לרפואה הרווחת של העידן השני, שהיא רפואת גוף-נפש) נתמכת על ידי מחקרים רפואיים בנוגע לכוח הריפוי של התפילה. זו תופעה שאינה יכולה להתרחש על פי עקרונות הפיזיקה הידועים והשקפת העולם של המדע המסורתי, ובכל זאת, ההוכחות מרמזות שהיא אכן קיימת.

#### מיתוס מס' 3 העולם הפיזי הוא כל מה שיש

המדע המסורתי, הכבול לחומריות, מניח שכל דבר שלא ניתן למדידה, לבחינה במעבדה או לקליטה באמצעות חמשת החושים או שלוחותיהם הטכנולוגיות, פשוט אינו קיים ואינו אמיתי. התוצאה: המציאות כולה הצטמצמה למציאות הפיזית. ממדים רוחניים, או מה שהייתי מכנה ממדים לא-פיזיים של המציאות, יצאו מן התמונה.

ה מיוחדת של מורים עולמיים. המסר של שלנו. או ליתר דיוק, בהזדהותנו המוטעית שלנו. או ליתר דיוק, בהזדהותנו המוטעית

